

Best Practices for Prevention of Medical Device-Related Pressure Ulcers in CRITICAL CARE

- Choose the correct size of medical device(s) to fit the individual
- Cushion and protect the skin with dressings in high-risk areas (e.g., nasal bridge)
- Inspect the skin in contact with device at least daily (if not medically contraindicated)
- Avoid placement of device(s) over sites of prior or existing pressure ulcer
- Educate staff on correct use of devices and prevention of skin breakdown
- **Be aware** of edema under device(s) and potential for skin breakdown
- Confirm that devices are not placed directly under an individual who is bedridden or immobile

